



Since April 2009,
Fit & Fun has been run,
voluntarily, for Sharmers
by Sharmers.



During this first year, over 260 Sharm el Sheikh community members, of all shapes and ages, have taken advantage of Fit & Fun's wonderfully varied timetable of classes, including all sorts of entertaining dance classes: from sultry salsa moves to exotic belly dancing, hip hop to ballet. You can also burn off those calories with a step aerobics class, tone and stretch your body with a Pilates or simply meet up with other like-minded Sharmers, whilst taking advantage of all Fit & Fun's facilities.



Fit & Fun came to be thanks to a group of Sharmers recognising the need for a community centre. With their energy and passion, plus the vision and dedicated funds from The Book, Pioneer Property and Viva Mall, who provided and fitted out the community centre at Viva Mall on Peace Road, we are all now able to enjoy what Fit & Fun have to offer.

Fit & Fun would like to thank all their fantastic sponsors and supporters for their generosity, enthusiasm and continued support – they are listed below.

Fit & Fun is a non-profit making organisation, relying on the generosity of their sponsors and the pooling of resources to help reduce operating costs. Any money generated by the (extremely reasonably priced!) classes and is ploughed back into Fit & Fun to buy new equipment and maintain the premises.

Conveniently located in the Viva Mall, Fit & Fun's facilities are clean, easily accessible and with ample parking right outside the Mall. So come along, see what Fit & Fun have to offer, join in the fun and get fit - all at the same time!



FIT & FUN MAIN SPONSORS

The Book - Pioneer Property - Viva Mall

ADDITIONAL SPONSORS

Beyond Limits - Graphic Alternatives - Ocean Tec - Imagine - Mix Magazine - Sinai Weekly - Sharm Pro - Sinainet

SUPPORTERS

Ale Andy Anta Barbara Carol Charlotte Claudia Elena Elke Erin Fadi Helen Ilona Iman Indra Jana John Kath Kerstin Kris Lara Linda Marco Maria Martin Midori Nader Nolwenn Oksana Praveen Siân Tanja Tony Vanessa

Fit & Fun @ Viva Mall - Call **019 126 3840** for more details
or check out our website: www.fitandfunsharm.com